



MedicaCPD

The Annual Children's Mental Health Conference **2019**

Wednesday 5th June 2019
Glasgow

Bringing You Two Inspirational, Knowledgeable & Enthusiastic Keynote Speakers:



Professor Barry Carpenter

*OBE, CBE, PhD International Education
Consultant*



Dr Tina Rae

*Educational and Child Psychologist, Author and
Educational Consultant*

3 Easy Ways to Book:

Online: www.medicacpd.com

Tel: **0141 638 4098**

Post: 

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The Annual Children's Mental Health Conference 2019

This year's conference brings you two fabulous speakers and key experts who are passionate about sharing their knowledge. Most importantly they will provide you with lots of practical strategies and ideas on what you can do to best support the most vulnerable children and young people - A not to be missed event!

ABOUT THE KEYNOTE SPEAKERS



Professor Barry Carpenter

OBE, CBE, PhD International Education Consultant

Barry was recently appointed the first Professorship in Mental Health in Education at Oxford Brooke's University. In a career spanning over 30 years, Barry has held leadership positions of Head Teacher, Principal, Inspector of Schools and Director of Centre for Special Education at Westminster College Oxford. He was also appointed by the Secretary of State for Education as Director of Children with Complex Learning Difficulties and Disabilities Research Project. He is the author of over 150 articles as well as the author of a number of specialist SEND books, and lectures nationally and internationally.



Dr Tina Rae

Educational and Child Psychologist, Author and Educational Consultant

Tina has over 30 years experience working with children, adults and families in both clinical and educational contexts within local authorities and specialist educational services. Tina specialises in social, emotional and mental health difficulties in children and young people. Formerly an academic tutor and researcher, she is currently a Consultant Psychologist for Compass Fostering. Tina is also a prolific author (over 100 publications to date) as well as a sought after conference speaker and trainer.

HOW TO REGISTER

Book online: www.medicacpd.com | **Tel:** 0141 638 4098

Post: Please complete the registration form and return by 31/05/2019.

*It is advisable to book ASAP as places are restricted, please ensure you read our terms and conditions on the booking form before submitting your registration. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above number.

Conference Programme

09.00am - 09.30am	Registration & Refreshments on Arrival
09.30am - 09.35am	Welcome and Introduction
09.35am - 10.45am	Nurturing the Nurturers - Building Resilience and Well Being in Young People & those who Nurture Them <i>Dr Tina Rae, Educational and Child Psychologist, Author and Educational Consultant</i> • Defining resilience for all and the need to build a resilient staff team • Identifying the key stressors we all deal with and factors that make a psychologically healthy workplace • Defining the concept of resilience for all • Clarifying how we can enter into 'Blocked Care' in our relationships with young people and the support systems we can develop to overcome this • Presenting key strategies and tools from CBT and Positive Psychology
10.45am - 11:15am	Refreshment Break
11:15am - 12.15pm	Improving the Learning and Living Outcomes for students with Fetal Alcohol Spectrum Disorders <i>Professor Barry Carpenter, CBE, OBE, PhD International Education Consultant</i> • What are Fetal Alcohol Spectrum Disorders (FASD) • The key features in learning for students with FASD • What does successful teaching look like when working with students with FASD? • The life outcomes for young people with FASD?
12:15pm - 1:15pm	Lunch
1:15pm - 2.15pm	Supporting Vulnerable Teens – Issues of Prevention and Remediation <i>Dr Tina Rae</i> • Clarifying the key issues and impact of trauma • Identifying Teens vulnerabilities and strengths • Presenting the impact of social media, and the need and ways to safeguard young people • Key strategies to support the management of anxiety disorders and related self-harming behaviour using 'The Safety Plan' • How to develop an essential Well Being Tool Kit for teens and differentiating the approaches for the ASD girl
2:15pm - 2:25pm	Refreshment Break
2:25pm - 3:35pm	Girls and Autism; Many Voices - New Perspectives <i>Professor Barry Carpenter</i> • Introducing the debate around autism and gender • Identifying key issues for girls with autism spectrum conditions • Providing practical school-based support strategies • Sharing family, professional and academic perspectives
3:35pm - 4:00pm	Questions and Discussion <i>Dr Tina Rae, Professor Barry Carpenter & Fresh Start in Education Scotland</i>
4:00pm	Approx Close

EVENT DETAILS:

DATE: Wednesday 5th June 2019

TIME: 9.30am-4.00pm
(Registration 9.00am-9.30am)

VENUE: Hilton Glasgow Grosvenor Hotel
(1-9 Grosvenor Terrace, Great Western Road, Glasgow, G12 0TA)

Registration Fee £198 + vat
(Including lunch & refreshments)



Registration

The Annual Children's Mental Health Conference - 5th June 2019



MedicaCPD

Register Online at: www.medicacpd.com

Register by Telephone: 0141 638 4098

Register by Post: Fill in the registration form and **post to the address at the bottom of the form**

Your Details *Please fill in BLOCK CAPITALS*

First Name		Surname	
Job Title		Organisation	
Email (required)		Tel No	
Address			
		Postcode	
Special diet/mobility			

☐ Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post, please tick this box.

I wish to attend the following event *Please tick the appropriate box*

☐ **The Annual Children's Mental Health Conference** - 05/06/19: £198 + vat £ 39.60= £237.60

Please call Medica CPD office on 0141 638 4098 for group bookings

How to Pay *Please tick the appropriate box - It is the responsibility of the delegate to ensure payment is made prior to attendance*

☐ **By Cheque** Enclose a cheque for the appropriate amount payable to "Medica CPD Ltd" and send with the form to the address below for the attention of Carolyn Fraser.

☐ **By Credit Card** Please book online at www.medicacpd.com

☐ **By Invoice** Please send invoice to (if different from above)

First Name		Surname	
Job Title		Organisation	
Email (required)		Tel No	
Address			
		Postcode	
Purchase order number (if relevant)			

An invoice will be sent to the appropriate person by email.

Payment due: 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential.

REGISTRATION TERMS & CONDITIONS: 1. Once we have received your booking online, by telephone, email or in the post this constitutes a firm booking. 2. Your registration constitutes a legally binding agreement, payment must be received before the event. Any outstanding payment becomes the responsibility of the named delegate attending. 3. Cancellations must be made in writing. A refund less an administration charge of £25 will be given to cancellations received before 5th March 2019. After this date the full fee is payable, regardless if the delegate attends on the day or not. Substitutions can be made, if we are notified up to 3 days before the event. 4. The organisers reserve the right to change the programme, speakers and venue as required. 5. In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs incurred. Please visit our website at www.medicacpd.com for full terms and conditions.

PRIVACY POLICY: We take your privacy very seriously. Please see our full privacy statement and how we use your data on our website www.medicacpd.com

Medica CPD, Suite 23, 1 Spiersbridge Way,
Spiersbridge Business Park, Thornliebank, Glasgow G46 8NG Tel: 0141 638 4098

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